

DAV PUBLIC SCHOOL ,MTPS,BANKURA

HOLIDAY HOME WORK FOR CLASS 12(Set-1)

1. Read the passage given below :

Getting enough sleep is as important as taking time out to relax. A good night's sleep is essential for preserving the health of your brain and gives you the best chance to meet the coming day with a razor sharp mind. An average person needs about six to eight hour sleep a night – although it is also true that you need slightly less than this, as you grow older-another advantage of aging stress and sleep deprivation often feed on each other, since stress tends to make it harder for you to fall asleep at night and sleep deprivation in itself causes stress.

Eventually, too little sleep can dramatically interfere with the performance of your memory something you obviously want to prevent. If you are not getting enough sleep, try going to bed 30 to 60 minutes earlier than your normal bed time for a few days. Lie down on the bed and try to relax by dissociating yourself from your daily routine work. This is normally enough to catch up on any sleep deprivation.

If, however, you suffer from insomnia you should seek the advice of your doctor. The chances are it is already affecting your ability to remember and recall information – and if you are struggling to improve your memory scores, this could be at the root of your problem. Prolonged periods of insufficient sleep can deplete your immune system, make you more accident prone and even cause depression – this can also reinforce a more negative outlook on life, which can contribute to your stress burden. The good news is that your memory and mood should automatically improve once you improve your sleep patterns. Tackle your sleep issues and everything else should fall into place.

Because stress management is so essential to maximize your brain power, if you are not in the habit of setting aside time to relax, make it a priority to do so. Even a minute or two of deep breathing can start to work wonders. Often the best ideas and memories can come to you when you are in a state of relaxation as it is during these moments that your brain stores, processes and plays with the information it has received.

Meditation has long been part of religious and spiritual life, specially in Asia. Today, more and more people are adopting it in Western countries also, for its value in developing peace of mind and lowering stress. There is some evidence that regular mediation can have real sleep gain and health benefits particularly in terms of protecting your brain against aging.

- a. On the basis of your understanding of the above passage, make notes on it using headings and subheadings. Use recognizable abbreviations (wherever necessary -minimum four) and a format you consider suitable. Also supply an appropriate title to it.
- b. Write summary of the passage in about 80 words.

2. In your locality a blood donation camp was organized by an NGO - 'For Your Health'. Many people visited the camp and donated blood. Write a report in 150-200 words for a local newspaper covering the arrangements, doctors' team, refreshment served etc.

3. Hard work and punctuality are essential for a happy and successful life. They help in meeting the desired targets of our life. You are Kavya/Kanha. Write an article in 150-200 words highlighting the importance of hard work and punctuality in a student's life.

4. Answer the following questions in 40 words

a. Why were the villagers sitting there in the back of the classroom?

b. Why had M. Hamel put on his fine Sunday clothes?

c. "It was all much more tempting than the rule for participle". What did Franz find much more tempting? How did he finally react?

5. Our language is a part of our culture and we are proud of it. Describe how regretful M. Hamel and the elders are for having neglected their native language.

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HOLIDAY HOME WORK CLASS 12(SET 2)

ADVANCE WRITING SKILLS

1. Public taps are generally leaking. A lot of water is wasted. Design a poster in not more than 50 words to make people aware of the need for saving water. You are Rohit/Reena.

2. Write an invitation in not more than 50 words to your friend Rameshwari to spend her winter break with you in Mumbai. You are Puja/Puneet of 25, M.G. Road, Mumbai.

3. You are Ramesh Kumar, Manager, Ekta Book House, Fort Road, Mumbai. You supplied a number of books to Prajapati Public School, Pune. The school complained that the books, received by it are not according to the order. Write a letter in 120-150 words to the Principal expressing regret, explaining the reasons why the error took place and promising a prompt and correct delivery.

4. Your school has opened a new activity wing for the kindergarten students for which you require play equipment. Write a letter in 120-150 words to Bright Sports Materials, Paharganj, Delhi placing an order for educational toys and other play equipment. You are Principal, XYZ School, Delhi.

5. 'Grow more trees to reduce pollution.' Write an article in 150-200 words on the topic given above for your school magazine.

6. You are Sandhya/Sohan an active member of the Animal Lovers Club which works for the welfare of animals by preventing cruelty to them. Recently you visited

Mahatma Gandhi Animal Care Home. You were pleasantly surprised to see the good treatment given to the animals. Write a report in 150-200 words on your visit. You may use the following points :

injured dogs and cats – abandoned pets – very old animals – all very well cared for – well-equipped medical room – veterinary surgeon – green surroundings.

Holiday Homework for Class 12(SET-3)

1.Read the following passage:

This isn't a mountain region of mere subjective beauty. Nor one, which claims its greatness, based on just an overwhelming opinion of a large majority. For Sikkim is a treasure that few know about. However, the facts of its remarkable geography bear enough testimony to pitch Sikkim in a slot that no other mountain region, anywhere in the world, could duplicate or rival. What Everest is to peaks, Sikkim is to the mountains. Tragically, a region so wild and exotic and with such geographic and climatic extremes, that its amazing wilds and not its unremarkable hill stations, ensure its accessibility to the adventurous only.

Just delve on these facts a bit. From the plains, in a mere 80 kms as the crow flies, the altitude reaches 28,168 feet at the very top of Kangchenjunga, the third highest peak in the world. Such a sharp elevation is unrivalled anywhere else and is the first geographical claim of Sikkim.

The second is an offshoot of the first. Nowhere else do so many 7,000 metre plus peaks crowd up such a confined space. And the third is really a consequence of the first and the second with the sharp gradation creating the most variegated flora and fauna possible anywhere in the mountains. The fourth uniqueness is also a consequence of the first and the second and lies in the extremes of the climate which ranges from the tropical to the typical arctic type. And the fifth claim is its thin permanent population and relatively fewer travellers by virtue of its remote far-eastern Himalayan location.

The startling facts about Sikkim never seem to end. For starters, all of Sikkim lies in a mere 110 kms by 65 kms of mountains, peaks, glaciers, rivers and forests. A little dot on the map at a latitude 27 degrees North and longitude 88 degrees East. Its 7,000-sq kms make it about as large as the National Capital Region of India! To the North and extending to the East of Sikkim, is Tibet / China and to the West is Nepal. To the South are the Himalayan and sub Himalayan regions of West Bengal.

It is, in fact these geographical extremes and the resulting ambience, that makes mountaineers trek here, when they are not climbing, besides fuelling mountaineering dreams in the minds of trekkers, what with the closest possible proximity to magnificent peaks while trekking.

On the subject of trekking here, it is strange but true that acclimatisation is much tougher in Sikkim than elsewhere. It may have something to do with being closer in latitude to the Tropic of Cancer, besides the rather sharp stages involved in each day of trekking. The closeness to the Tropic of Cancer has meant that the snowline will always be much higher and therefore human settlements are seen even at altitudes of 16,000 feet! (473 words)

Adapted from a travelogue by Ashish Kaul, Travel Writer

(a) On the basis of your understanding of the above passage, make notes on it using headings and sub-headings. Use recognizable abbreviations (wherever necessary-minimum four) and a format you consider suitable. Also supply an appropriate title to it.

(b) Write a summary of the passage in about 80 words.

2. Answer the following questions in 40 words:

- a. Why had the ragpickers come to live in Seemapuri?
- b. Was Saheb happy about the job that he had taken up?
- c. What promise did the narrator make? Why she felt embarrassed?
- d. How is Mukesh different from his family members?
- e. Glass bangle industry has many hazards. Explain.

f. Saheb-e-Alam which means the Lord of the universe is directly in contrast to Saheb in the story. How?

g. What explanations does the author offer for the children not wearing footwear?

3. Answer the following questions in 100-120 words:

a. Give a brief account of life and activities of the people like Saheb settled in Seemapuri.

b. 'Lost Spring explains the grinding poverty and traditions that condemn thousands of people to a life of poverty. Do you agree? Why/ Why not?

c. The bangle makers of Firozabad make beautiful bangles and make everyone happy but they live and die in poverty. Elaborate.

HOLIDAY HOME WORK FOR CLASS 12(SET- 4)

I. Answer the following questions in 40 words:

1. What was the poet's childhood fear?
2. How does the poet's mother look like? What kind of images has the poet used to signify her ageing decay?
3. What does the poet realise with pain? Why does the poet 'put that thought away' and look outside?
4. Describe the world inside the car and compare it to the activities taking place outside?
5. What does the poet do after the security check up? What does she notice?
6. Why is the poet compared to the late's winter moon?
7. What is the poet's familiar ache and why does it return?
8. With fear and ache inside her heart and words of assurance on lips and smile on the face, the poet presents two opposite and contrasting experiences. Why does the poet put on the smile?
9. What poetic devices have been used by Kamala Das in 'My Mother at Sixty-Six'?
10. '... and looked out at young trees sprinting'. Explain
11. '... the merry children spilling out of their homes'. Explain
12. What message Kamala Das wants to convey through the poem 'My Mother at Sixty-Six'?
13. Bring out the significance of the title of the poem 'My Mother at Sixty-Six'.

II. Answer the following questions in about 100-120 words:

1. The poem 'My Mother at Sixty-Six' brings home the theme that ageing is a natural process and is going to envelope one and all. Comment
2. In today's fast life, children neglect their ageing parents. What do you think children can do to have an involved and inclusive relationship with their elderly parents.

HOLIDAY HOME WORK FOR CLASS 12(SET-5)

I. Answer the following questions in about 40 words:

1. How did the narrator's psychiatrist friend analyze his claim of being at the third level of Grand Central Station?
2. What did the narrator say about his escapism from the real world?
3. The narrator thinks that the Grand Central is growing like a tree. What makes him think so? Why has it been 'an exit'?
4. How did the narrator get lost when he was heading for the sub-way?
5. What did the narrator see unusual at the third level?
6. Describe Galesburg Illinois in 1894. Why did the narrator want two tickets to Galesburg, Illinois?
7. "That ain't money, mister" said the clerk to the narrator. Why did he warn the Narrator?
8. How did the narrator get the old-style currency? Why couldn't he buy two tickets for Galesburg in spite of having the currency used in 1894?
9. What is a first day cover? Explain.
10. What strange thing was found among the oldest first day covers? How did it come there?
11. What was written in Sam's letter to Charley?
12. Why couldn't Sam go back to his old business?
13. What peculiar things does Charley notice on the third level?
14. What do Charley's friends think about his stamp collection?

II. Answer the following questions in about 100-120 words:

1. Sam's letter to Charley is a fine blend of reality and fantasy. Comment.

Describe Charley's character with special reference to his escapist tendency .