

**DAV PUBLIC SCHOOL, DVC, MTPS**

**SUMMER HOLIDAYS HOMEWORK -1**

**CLASS-12**

**SUBJECT-PHYSICAL EDUCATION**

**M.M- 40**

ALL QUESTIONS ARE COMPULSORY

1. ANSWER THE FOLLOWING QUESTIONS IN BRIEF

- |    |  |   |
|----|--|---|
| A. | Meaning of planning _ according to Mitchell. | 1 |
| B. | What do you mean _bye?                       | 1 |
| C. | What is seeding?                             | 1 |
| D. | What do you mean by knock out tournament?    | 1 |
| E. | What is league tournament?                   |   |

2. ANSWER THE FOLLOWING QUESTION :-

- |   |  |   |
|---|--|---|
| A | Explain about knock out tournament .                                       | 3 |
| B | Briefly explain the advantage of knock out.                                | 3 |
| C | Briefly discuss the disadvantages of knock out.                            | 3 |
| D | Advantage of league tournament..   | 3 |
| E | Write the types of league tournament.                                      | 3 |
| F | Explain the method of preparing fixture in knock-out tournament in detail. | 5 |
| G | Significance of extramural for school children.                            | 5 |
| H | Do Significance of intramural for school children                          | 5 |
| I | Draw the fixture of 11 teams on knock out basis.                           | 5 |

**DAV PUBLIC SCHOOL, DVC, MTPS**

**SUMMER HOLIDAYS HOMEWORK -2**

**CLASS-12**

**SUBJECT-PHYSICAL EDUCATION**

**M.M- 40**

ALL QUESTIONS ARE COMPULSORY

1. ANSWER THE FOLLOWING QUESTIONS IN BRIEF

- |    |   |   |
|----|---|---|
| A. | Meaning of planning according to _ Allen. | 1 |
| B. | What do mean by tournament?               | 1 |
| C. | Explain the procedure for giving bye.     | 1 |
| D. | What do you mean by planning?             | 1 |
| E. | What are specific sports program?         |   |

2. ANSWER THE FOLLOWIG QUESTION :-

- |   |  |   |
|---|--|---|
| A | Explain any three objectives of intramurals.                 | 3 |
| B | Explain any three objectives of extramural.                  | 3 |
| C | Briefly discuss any three specific sports program.           | 3 |
| D | Distinguish between intramural and extramural.               | 3 |
| E | Write down the advantages of intramural competition.         | 3 |
| F | Explain any tow sports program in details.                   | 5 |
| G | Objective of planning in sports in details.                  | 5 |
| H | Discuss about league cum knock out tournament with examples. | 5 |
| I | Draw the fixture of 21 teams on knock out basis.             | 5 |

**DAV PUBLIC SCHOOL, DVC, MTPS**

**SUMMER HOLIDAYS HOMEWORK-3**

**CLASS-12**

**SUBJECT-PHYSICAL EDUCATION**

**M.M- 40**

ALL QUESTIONS ARE COMPULSORY

1. ANSWER THE FOLLOWING QUESTIONS IN BRIEF

- |    |   |   |
|----|---|---|
| A. | What do you mean by intramural competitions?      | 1 |
| B. | What do you mean by combination tournaments?      | 1 |
| C. | What is special seeding?                          | 1 |
| D. | What do you mean by league cum league tournament? | 1 |
| E. | What do you mean by combination tournaments?      |   |

2. ANSWER THE FOLLOWING QUESTION :-

- |   |   |   |
|---|---|---|
| A | Explain the methods deciding the winner in league tournament. | 3 |
| B | Explain the significance of extramural competitions.          | 3 |
| C | Write down the bye / upper half / lower half formula.         | 3 |
| D | Explain the combination tournament in brief.                  | 3 |
| E | Write down the disadvantage of league tournaments.            | 3 |
| F | Enlist the committees for organizing sports events.           | 5 |
| G | Explain any two sports committees in details.                 | 5 |
| H | Discuss knock out cum league tournament with examples.        | 5 |
| I | Draw the fixture of six teams using round robin method.       | 5 |

**PROJECT WORK**

1) FIVE YOGA.

2) AAHPERD TEST